

Aftercare Instructions

****IMPORTANT****

If you have allergies to medical tape, bandaids or adhesives the second skin (also known as Saniderm, Dermshield or Tegaderm) products may not be for you. Instructions for applying a test strip are listed below and are highly recommended for client's to do prior to their appointment (you def do not want to try it on a fresh/healing tattoo!)

- 1) After purchasing the aftercare product (whether its Saniderm, Tegaderm, or Second Skin), cut a small square inch of the product.
- 2) Remember to thoroughly wash your hands with soap before handling the product or preparing the skin.
- 3) Before applying the test patch to the skin, make sure to shave a small area where the test patch will be applied. (It is advised to place the test patch on your arm or leg where it is visible but protected under clothing).
- 4) After shaving, clean the skin before applying. Here are a few products that you can use for cleaning: 70% or higher Isopropyl Alcohol, witch hazel, Softsoap Unscented or Dial Gold, or Dr. Bronner's Castile Soap.
- 5) Follow the instructions on the wrap packaging or visit the link at the beginning of this document for Saniderm's recommended application instructions.

I have also included a link to Saniderm's FAQ section that specifically addresses causes/information on allergic reactions.

<https://faq.saniderm.com/knowledge-base/allergic-reaction-saniderm/>

****Remember that while Saniderm is a great option for healing, the tattoo still needs extra attention. Guests are recommended to refrain from certain activities while healing a tattoo:**

- ~ Refrain from submerging the tattoo in any water (this includes while wearing saniderm)
- ~Wear loose clothing around the tattooed area to avoid friction created by clothes rubbing on the skin.
- ~ Avoid contact from the sun on the tattoo until it has been fully healed. Then, it is encouraged to use sunscreen on your tattoo when in the sun, I always say you can't tan through the tattoo :)
- ~ When removing the Saniderm, do so **under running water**. You can also use antibacterial soap to help weaken the adhesive by applying the soap to the edge of the bandage.

~If the bandage springs a leak and you are unable to properly wash and clean the tattoo, you will want to take the bandage off when you get home (only apply a second bandage if instructed by your artist)

~ **Please do not use more than 2 rounds of bandages.** Average time the saniderm stays on for black/grey work is between 3-5 days. Color tattoos often require the first bandage to be changed within the first 24-48 hours and the second can be worn for 3-4 days.

After the Saniderm/Aftercare without Saniderm Instructions:

~Wash the tattooed area at least twice per day (once in the morning and once at night).

~Use unscented antibacterial soap like Dial Gold or Dr. Bronner's unscented Castile soap (avoid any soaps with perfumes or essential oils until tattoo is fully healed in about 4-6 weeks).

~This also applies to any ointment or lotion used to moisturize the tattoo. I recommend using the following products: Aquaphor, Lubriderm Sensitive Skin (these items can be found at any drugstore like Walgreens/CVS).

~ Please avoid using peroxide, neosporin, coconut oil, essential oils and similar products. If you have questions about a product you'd like to use please feel free to email me first for any recommendations.

~If you need to wrap your tattoo for sleeping or work, you can use clear plastic wrap but remember to take the wrap off when not needed to allow your skin to breathe.

~ If you have a tattoo and are unable to use Saniderm and are weary of access to proper washing facilities throughout the day, I've included a link below for Bactine Max. This product helps with redness/swelling and kills 99.9% of bacteria and is easily sprayable.

***Bactine is recommended to be applied twice per day, once in the morning and once at night for the first 2-3 days after the saniderm is removed, then continue washing with unscented antibacterial soap and applying a lotion/salve still at least twice per day and you can reduce washing to once a day after the second week (**Bactine does contain**

Lidocaine and it is recommended to share any allergies to your tattoo artist so they may recommend the best product(s) for anyone's needs). This product can be acquired at any pharmacy store. Here is a link to the cheapest option I've found and is available at CVS and Walgreens as well. [https://www.walmart.com/ip/Bactine-MAX-First-Aid-Pain-Relieving-Spray-with-Lidocaine-5-oz/941428134?](https://www.walmart.com/ip/Bactine-MAX-First-Aid-Pain-Relieving-Spray-with-Lidocaine-5-oz/941428134?wmlspartner=wlp&selectedSellerId=0&w113=968&&adid=2222222228000000000&w10=&w11=g&w12=m&w13=42423897272&w14=pla-51320962143&w15=9012096&w16=&w17=&w18=&w19=pla&w110=8175035&w111=local&w112=941428134&veh=sem&gclid=EAIaIQobChMIjaS53cjw8gIVkvLjBx2m0QO6EAQYBCABEGlqsfD_BwE&gclsrc=aw.ds)

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*I consider healing part of the service. If you have any questions or concerns please reach out to me via email and I'll get back to you asap. Happy healing!

Saniderm Website:

<https://faq.saniderm.com/knowledge-base/guide-to-new-tattoo-care/>

Tegaderm or Second skin can be purchased as replacement bandages at any local CVS, Walgreens, or similar store. These typically come in large patches and (if needed) can be overlapped if the tattooed area exceeds the bandage size.

***Link to product:**

[https://www.walgreens.com/store/c/nexcare-tegaderm-waterproof-transparent-dressing/ID=prod361001-product?ext=gooKBM_PLA+-+Medicines+%26+Treatments+\(2019+Update\)Medicines+%26+Treatments__pla_local&gclsrc=aw.ds&&gclid=CjwKCAjwmK6IBhBqEiwAocMc8lK6BWpsvN12m12h41We8hDBUDZ1NbDyl6izqQDC-ByZPAhhrql11BoC6w4QAvD_BwE](https://www.walgreens.com/store/c/nexcare-tegaderm-waterproof-transparent-dressing/ID=prod361001-product?ext=gooKBM_PLA+-+Medicines+%26+Treatments+(2019+Update)Medicines+%26+Treatments__pla_local&gclsrc=aw.ds&&gclid=CjwKCAjwmK6IBhBqEiwAocMc8lK6BWpsvN12m12h41We8hDBUDZ1NbDyl6izqQDC-ByZPAhhrql11BoC6w4QAvD_BwE)

